HIGHLAND COUNTY
VIRGINIA

Disappear When You Want To

Sometimes the best plan is simply to get away.
Pick an adventure, follow the back roads, and
enjoy Highland County at your own pace.
Some businesses are mainly open Friday
and Saturday, so check ahead.

ADVENTURE 1: PARKS, HISTORY & MAPLE

- Grab breakfast and snacks at Grant's Grocery.
- Take scenic Route 678 to Hayfields State Park for trails, views, and fresh mountain air.
- Stop for lunch at The Outpost.
- Explore Highland history at the Mansion House Museum.
- Finish with maple treats and local goods at Sugar Tree Country Store.

ADVENTURE 2: ART, HISTORY & VIEWS

- Enjoy brunch at The Curly Maple.
- Browse locally made work at Art on Main at the 3rd Space.
- Step into the past at the Charles Pinckney Jones House.
- Stop at The Highlander for visitor information and lunch.
- Climb Sounding Knob Fire Tower for a mountain-top view.
- End at Highland Roots Market for local foods, dinner ingredients, or edible souvenirs.

ADVENTURE 3: BLUE GRASS ESCAPE

- Start with coffee at Claire's Cakes & Cafe.
- Take scenic Route 640 into Blue Grass Valley.
- Enjoy lunch at Blue Grass Mercantile.
- Browse local goods and meats at Ginseng Mountain Farm & Store.
- Spend the afternoon fishing at Hiner Town Trout Fishing.
- Head back, clean up, and finish with dinner at High's Restaurant.



Natural Beauty. Warm Welcome. Lasting Memories.

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Family Adventures

Highland County is made for family adventures. Pack your hiking shoes, bring your curiosity, and spend the day exploring together.

WATER & LAND

- Grab breakfast and trail snacks at Grant's Grocery.
- Bring your fishing gear and head to Hayfields State Park for a morning along the Bullpasture River.
- Pick up lunch at The Outpost and recharge.
- Later, take a walk around your lodging and see how many trees you can identify. A plant ID app can make it a family challenge.

REACH NEW HEIGHTS

- Start with breakfast at a local café, then lace up your hiking shoes.
- Climb Sounding Knob Fire Tower's 100+ steps to enjoy a breathtaking view.
- Stop at the Visitor Center at The Highlander and pick up the Downtown Monterey Historic Walking Tour.
- Grab lunch locally, then finish with a scenic drive through Blue Grass Valley along Routes 250 and 640.

PACK IN, PACK OUT

- Pick up breakfast, snacks, and picnic supplies at Highland Roots Market.
- Check the day's programs at Hayfields State Park.
- Choose your trail: Bear Pond Trail or River Loop Trail for an easier outing, or Eagle's Rest Trail and Laurel Loop Trail for more adventure.
- Enjoy your picnic at the park—or reward yourself with lunch from The Outpost.

Editor's note: *Need supplies? Try Blue Grass Mercantile.*



Highlandcounty.org

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Maple Experiences

Life is sweet in Highland County! Follow the maple trail, meet local producers, and take home a taste of Virginia's sweetest tradition. Check hours before visiting—some locations are by appointment.

MAPLE ALL YEAR

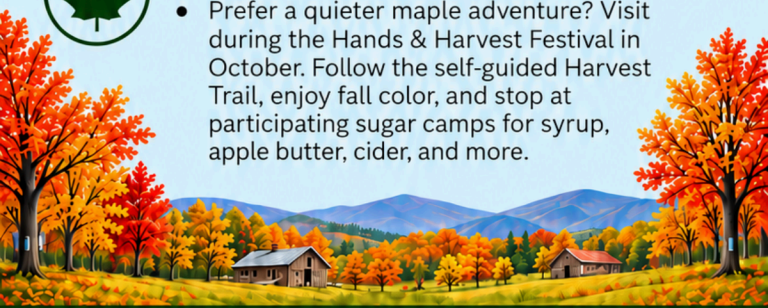
- Stay with a local maple producer such as Back Creek Farms, Mill Gap Farms, or Laurel Fork Sapsuckers.
- Browse syrup, treats, and gifts at historic Sugar Tree Country Store.
- Take a scenic drive to Southernmost Maple near Bolar.
- In summer, visit the Friday Highland Farmers' Market for local maple goodies.
- Look for Highland maple products at shops and restaurants throughout the county.

MAPLE FESTIVAL

- Visit during the Highland County Maple Festival, held the second and third weekends in March. Tour sugar camps, see how maple syrup is made, enjoy maple treats, and explore work from more than 100 artisans and crafters.

FALL MAPLE FUN

- Prefer a quieter maple adventure? Visit during the Hands & Harvest Festival in October. Follow the self-guided Harvest Trail, enjoy fall color, and stop at participating sugar camps for syrup, apple butter, cider, and more.



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Outdoor Adventures

Ready to get outside? Highland County has trails, views, wildlife, and plenty of places to explore. Some stops require reservations or have limited hours, so check ahead.

HAYFIELDS AND BEYOND

- Start with breakfast at Claire's Cakes & Cafe or The Curly Maple.
- Explore the trails, river, and views at Hayfields State Park.
- Grab lunch at The Outpost.
- Discover local history at the Mansion House Museum.
- Browse maple treats and local goods at Sugar Tree Country Store.
- Wrap up the day with dinner at High's Restaurant.

VIEWS, PICNICS & MORE

- Fuel up at Claire's Cakes & Cafe or The Curly Maple.
- Climb Sounding Knob Fire Tower for one of Highland's unforgettable views.
- Explore local history at the Charles Pinckney Jones House.
- Grab lunch to go and picnic at the Mill Gap Ruritan Grounds. (Open dawn till dusk)
- Take the scenic route back to Monterey along Routes 84, 640, and 250.
- Stroll the Community Park Loop and snap a photo at the Highland LOVE sign.
- Finish with dinner at The Highlander.



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